

CANADIAN EMDR TRAINING

(October 2024)

PLEASE NOTE: Barbara Horne and Suzanne Aikins** are approved by the EMDR International Association to offer Basic EMDR Therapy Trainings virtually and in person. All training dates are fixed in the format indicated. For virtual trainings, each participant will need a secure internet connection, a private setting and a headset with microphone.

Offered by: Niagara Stress & Trauma Clinic

Director: Barbara Horne MASc, RP, RMFT

www.BarbaraHorne.ca www.emdrtraining.ca

Tel 905-687-6866

NSTC EMDR Basic Training Programs

This program is longer and more extensive than EMDRIA requires (In-Person is 63 hours and Virtual is 66 hours), to allow for better integration. It is unusual for its comprehensive focus on developmental trauma, providing a scripted attachment & trauma history-taking and target/treatment planning process. It also incorporates the foundational theory of Structural Dissociation (TSDP) for work with Complex PTSD, with additional reference to Polyvagal Theory (PVT).

	Course Dates		Course Dates
Toronto A '25 (In-person)	PI : May 23-26, 2025 P2 : Sept 19-21, 2025		
Toronto B '24 (Virtual)	PI : Nov. 22 & 23, 2024 Dec. 6 & 7, 2024 P2 : Feb. 21 & 22, 2025 Mar. 7 & 8, 2025	Toronto B '25 (Virtual)	PI: Nov. 21 & 22, 2025 Dec. 5 & 6, 2025 P2: Feb. 20 & 21, 2026 Mar. 6 & 7, 2026
Toronto C '25 Shabbat-friendly (In-person)**	PI: Jan. 20-23, 2025 P2: Apr. 7-9, 2025		** Toronto C is taught by Suzanne Aikins**

Toronto A venue: Doubletree by Hilton, 925 Dixon Rd., Toronto

Toronto C venue: George Hull Centre for Children & Families, 81 The East Mall, TO

PROGRAM COMPLETION DEADLINES

EMDRIA requires that you complete any program within 12 months of the initial start date. Completion requires both Parts 1 & 2 plus 10 consultation hours and submission of EMDRIA's Learner Assessment Quiz.

Virtual programs are done on a 6:1 ratio, in four 2-day blocks. In-person programs are done on a 9:1 ratio, in two parts, of 4 and 3 days.

WHO CAN APPLY TO Niagara Stress & Trauma Clinic's EMDR Therapy Basic Trainings?

EMDRIA-Approved Basic EMDR Therapy Training is open to clinicians holding at least a Masters-level education in a counselling field. Licensure or membership in a college or professional association with a Code of Ethics and sanctioning ability is also required, and proof of liability insurance.

The Provider maintains full responsibility for this Basic EMDR Training

WHY CHOOSE AN NSTC PROGRAM?

This program has an excellent track record for producing confident EMDR clinicians. Under the direction of Barbara Horne MASc, RP, RMFT since 2007, NSTC programs have been regularly-scheduled in Eastern and Central Canada. On-site courses are available.

- Small experiential courses (maximum 36);
- Low consultant/student ratio for practicums (1:9 for in-person and 1:6 for virtual);
- Individual attention & group cohesion;
- Complete course materials included;
- **All-inclusive** Basic Training fee (\$2,900/EB \$2800 + HST);
- Required 10 consultation hours included;
- Two-payment option and payment plan available, on request;
- Course materials and manuals updated frequently;
- Course content greatly exceeds EMDRIA requirements in length & content;
- Multiple courses available each year;
- NSTC also offers EMDRIA-Approved CE Credit workshops

LOOKING FOR A FRENCH EMDR TRAINING?

VOUS CHERCHEZ UNE FORMATION EN FRANÇAIS?

Provided by Dr Philippe Gauvreau, psychologist – EMDRIA Approved Consultant & Trainer

Co-author of this EMDR Training Program Manual with Barbara Horne, MASc, RP, RMFT.

Since 2009, Philippe has been offering training programs in French and English.

For information about Philippe's trainings, please visit: www.pgauvreaupsy.com