

Basic EMDR Therapy Trainings by the *Niagara Stress & Trauma Clinic*

# REGISTRATION (EMDRIA-Approved program)

FIRST NAME: \_\_\_\_\_ SURNAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

PROV: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

DEGREE: \_\_\_\_\_ eMAIL: \_\_\_\_\_

PHONE (DAY): \_\_\_\_\_ (EVENING): \_\_\_\_\_

COLLEGE OR PROF. ASS'N: \_\_\_\_\_

REGISTRATION #: \_\_\_\_\_

PLEASE INCLUDE THE FOLLOWING with REGISTRATION (EMDRIA Requirement\*)

- A copy of your Masters or Doctoral Degree in a counselling field\*
- A copy of your license, Certification or Registration\*
- Proof of Professional Liability Insurance (if in private practice), current at the time of course.  
NOTE: Please check your policy expiration date.\*

**Please complete and submit the attached Participant's Agreement with this form. It is an important part of your application.**

**PAYMENT OPTIONS (Basic EMDR Training) – Please choose either #1 or #2\*\*:**

**1. Single payment**

- Booked fewer than 45 days before course: \$2,550 + \$331.50 HST = \$2,881.50
- Booked more than 45 days before course: \$2,450 + \$318.50 HST = \$2,768.50

**2. OR: Two payments**

- Booked fewer than 45 days before Part 1: (based on \$2,600) \$1,300 + \$169.00 HST = \$1,469.00 x 2  
Note: 2nd payment will be processed 45 days before Part 2
- Booked more than 45 days before Part 1: (based on \$2,500) \$1,250 + \$162.50 HST = \$1,412.50 x 2

**CREDIT CARD** Visa  MC  Security Code - 3 digits on back of card \_\_\_\_\_

Card # \_\_\_\_\_ Exp. \_\_\_\_\_

Signature \_\_\_\_\_

eTrsf to: [Bhorne@StressAndTraumaRelief.com](mailto:Bhorne@StressAndTraumaRelief.com)

**CHEQUE** (payable to the *Niagara Stress & Trauma Clinic*)

Please post-date your cheques to reflect the payment option you are choosing. Cheques must be dated for 45 days prior to the start of each course (2 cheques for 2-payment option).

**\*\*Payments are not taken until the 45-day mark, when the program is confirmed. \*\***

2022-24 EMDR COURSES (June 2022)				
Please check the program you are requesting				
Location		✓	Location	✓
<b>Toronto A</b> <i>(In-person)</i>	P1: May 27-30, 2022 P2: Sept. 23-25, 2022		<b>Toronto A</b> <i>(In-person)</i>	P1: May 26-29, 2023 P2: Sept. 22-24, 2023
<b>Toronto B</b> <i>(Virtual)</i>	P1: Nov. 4 & 5, 2022 Nov. 25 & 26, 2022 P2: Feb.24 & 25, 2023 Mar. 10 & 11, 2023		<b>Toronto B</b> <i>(Virtual)</i>	P1: Nov. 17 & 18, 2023 Dec. 1 & 2, 2023 P2: Feb. 23 & 24, 2024 Mar. 8 & 9, 2024
<b>Toronto C</b> <i>Shabat-friendly</i> <i>(In-person)</i>	P1: Jan. 23-26, 2023 P2: Apr. 17-19, 2023		<b>Toronto C</b> <i>Shabat-friendly</i> <i>(In-person)</i>	P1: Jan. 26-29, 2024 P2: Apr. 15 – 17, 2024

The Provider maintains full responsibility for the Basic EMDR Training.  
**Toronto A Venue:** Doubletree by Hilton, 925 Dixon Rd., Toronto  
**Toronto C Venue:** George Hull Centre for Children & Families, 81 The East Mall, Toronto

**PLEASE NOTE:** NSTC Trainers are approved by EMDRIA to offer Basic EMDR Therapy Trainings in person and virtually. All training dates are fixed in the format indicated. For virtual trainings, each participant will need a secure internet connection and a headset with microphone. Full program includes Part 1 & 2 plus 10 consultation hours.

**EMDRIA requires that:**  
**VIRTUAL PROGRAMS** be completed within a 12-month period from the initial start date.  
**IN-PERSON** programs must be completed within a 24-month period from the initial start date.

**CANCELLATION POLICY:**

There is a \$200 cancellation fee up to 45 days prior to the start of a course and a \$400 cancellation fee after the 45-day mark. You may transfer your registration fee at no cost to an alternative course, pending seat availability. Refunds on request only, determined on a case-by-case basis.

**NOTE:** In-person course runs from 8:30 am - 5:00 pm with a one-hour lunch break (not included) from 12 - 1 pm. Part 1 ends at 1:00 pm on the 4th day. Virtual courses run from 8:30 am – 5:00 pm with a one-hour lunch break. Day 8 ends at 3:00 pm.

**Email, fax or mail your completed registration form to:**

**Niagara Stress & Trauma Clinic, c/o Barbara Horne:**

eMAIL: [Bhorne@StressAndTraumaRelief.com](mailto:Bhorne@StressAndTraumaRelief.com)

or FAX to: (905) 687-6865

or MAIL to: 201-93 Ontario Street, St. Catharines, Ontario L2R 5J7

**Niagara Stress & Trauma Clinic, Basic EMDR Therapy Training**

Barbara Horne, MAsc, RP, RMFT & Dr Philippe Gauvreau, C.Psych.

EMDRIA-Approved Consultants and Trainers

**Participant's Agreement for All Programs** (June 2022)

To protect your interests and those of the other participants in the course, we require that you review and agree to this participant's agreement. Please take some time to review and sign it. If you have any questions about this agreement, please contact the Trainer.

I, \_\_\_\_\_ Date \_\_\_\_\_

1. Understand that I must complete this training within 24 months (In-Person course) or 12 months (Virtual course) of the initial start date.
2. Agree to maintain the confidentiality of the case studies described during the training.
3. Agree to maintain the confidentiality of my fellow-participants, regarding any material that surfaces during the practicum portions of the course.
4. Understand that the practicums are for the purpose of teaching EMDR therapy. In the course of being a client, it is possible that distressing material and feelings may emerge. I undertake to seek out support and if needed, therapy, to address any such distress that may arise during the training. I understand that the trainer/facilitator will work with course participants during the training, to assist in managing the distress, but the long-term management is my responsibility.
5. Do not have any medical condition that would put my health at risk in the course of EMDR reprocessing (eg. cardio pathology, seizure disorder, eye problems, asthma). If I have any relevant medical condition, it is my responsibility to notify the trainer.
6. Understand that if I meet criteria for Complex PTSD and/or a Dissociative disorder (OSDD/DDNOS/DID), it is imperative that I notify the trainer/facilitator, so that the necessary care can be taken during practicums, which involve doing real personal work. This is especially important during Part One (because my training-therapist will have no experience with EMDR & dissociation).
7. Understand that during Practicums, client-welfare supersedes the training-therapist's experience. In the rare event that my practicum-client can't maintain dual awareness, I may not be able to do a Standard Protocol with him/her/them. I would then do EMDR-related stabilization work for this practicum. If I felt that my training experience had been compromised, the trainer and I will discuss options for helping me get the experience I need.
8. Agree to not teach EMDR therapy to colleagues and friends. Participants are encouraged to share information about EMDR, including its efficacy and treatment outcomes. It is essential, however, that any training is done by an EMDRIA-Approved Trainer.
9. Agree to have my name and contact information given to the EMDR Association of Canada, the EMDR International Association and NeuroTek Corporation (EMDR Products) for use in giving me information about EMDR, related workshops, courses & equipment.
10. Agree to practise EMDR with my client base, while doing my Basic Training.

11. Agree to attend the program in its entirety and to read the mandatory course material between Part One & Part Two.

**FOR VIRTUAL COURSES ONLY:**

12. Agree to have a secure internet connection, a quiet & private location and a headset with a microphone. I will also have a backup system (e.g. phone, with data) if my internet connection fails.

13. Agree not to record any part of the program.

14. Agree that during Practicums, I will maintain connection with the training group. If I need a moment of privacy, I will at least maintain auditory connection, and return visually as soon as I can. I understand that it is important that the training staff not lose connection with me

---

Participant 's Name (Print)

---

Participant 's Signature